

SUBURBAN CONFERENCE TRACK AND FIELD MEET
Macalester College - May 18, 1970

100 Yard Dash (10.0)

1. Blake Knoll, White Bear	** 10.0
2. Bob Jensen, Sibley	10.1
3. Verl Schoon, Anoka	10.2
4. Bill Lesch, South St Paul	10.3
5. Brad Paulus, South St Paul	10.3

440 Yard Dash (49.0)

1. Charles Christopherson, Col H	50.0
2. Dan Woodbury, White Bear	50.3
3. Don Mortenson, Ramsey	51.4
4. Ted Brinkman, Stillwater	52.3
5. Jim Hubinger, White Bear	52.6

One Mile Run (4:21.9)

1. Gerald Peterson, Coon Rapids	4:23.2
2. Dennis Fee, White Bear	4:24.2
3. Craig Granse, Ramsey	4:24.6
4. Bob Shope, Anoka	4:32.3
5. Henry Rohling, South St Paul	4:33.0

120 Yard High Hurdles (14.4)

1. Greg Langer, Ramsey	14.7
2. Andy Urech, Irondale	14.8
3. Mark Gilmore, Ramsey	14.9
4. Dick Hagen, North St Paul	15.2
5. Mark Stoeve, South St Paul	15.3

330 Yard Intermediates (40.0)

1. Mark Gilmore, Ramsey	*39.1
2. Blake Knoll, White Bear	39.6
3. Larry Zriske, Stillwater	41.0
4. Andy Urech, Irondale	41.4
5. Bill Krueger, White Bear	41.6

One Mile Relay (3:23.0)

1. Ramsey	3:27.7
2. Sibley	3:29.2
3. White Bear Lake	3:29.4
4. Mounds View	3:34.1
5. Anoka	3:34.7

880 Yard Relay (1:31.6)

1. White Bear Lake	1:32.0
2. South St Paul	1:33.6
3. Mounds View	1:34.0
4. Sibley	1:34.1
5. Columbia Heights	1:35.7

Long Jump (22'5")

1. Jim Hunter, Sibley	20'10 $\frac{1}{2}$ "
2. Mark Stoeve, South St Paul	
3. Bob Bruce, White Bear	
4. Greg Meyers, Mounds View	20'6 $\frac{1}{8}$ "
5. Kerry Johnston, Ramsey	19'5 $\frac{1}{2}$ "

Triple Jump (44'1")

1. Mark Stoeve, South St Paul	42'6 $\frac{1}{4}$ "
2. Jim Hunter, Sibley	42'2 $\frac{3}{8}$ "
3. Mike Jackson, Ramsey	41'1"
4. Dan Ryan, Sibley	40'2 $\frac{1}{8}$ "
5. Don Olson, Mounds View	40'0"

High Jump (6'2 $\frac{1}{2}$ ")

1. Jeff Cohn, White Bear	6'0"
2. Bill Martin, Kellogg	5'10"
3. Jim Schmidt, Stillwater	5'8"
4. Mark Stoeve, South St Paul	5'8"
5. Mark Smith, Col Heights	5'8"

220 Yard Dash (22.2)

1. Greg Ales, Mounds View	22.9
2. Verl Schoon, Anoka	22.9
3. Mike LeMay, White Bear	22.9
4. Doug Lee, Irondale	23.2
5. Brian Tanner, Anoka	23.6

880 Yard Run (1:56.0)

1. John Reed, Sibley	1:59.8
2. Dave Cadry, White Bear	1:59.9
3. Mike Kiess, White Bear	2:00.9
4. Carl Brandt, Ramsey	2:04.3
5. Dave Henderson, Anoka	2:05.0

Two Mile Run (9:40.3)

1. Dave Sikorra, Anoka	*9:30.0
2. Mark Swanson, North St Paul	9:37.0
3. Jim Wilson, Mounds View	9:40.2
4. Jon Erlandson, Anoka	10:02.4
5. Joe Schmurra, White Bear	10:07.3

180 Yard Low Hurdles (19.0)

1. Andy Urech, Irondale	19.5
2. Blake Knoll, White Bear	19.6
3. Mark Gilmore, Ramsey	20.0
4. Bill Krueger, White Bear	20.4
5. Greg Langer, Ramsey	20.5

440 Yard Relay (44.1)

1. Ramsey	44.4
2. South St Paul	44.7
3. Irondale	45.1
4. White Bear	45.4
5. Mounds View	45.7

Two Mile Relay (8:03.9)

1. White Bear	8:10.8
2. Mounds View	8:13.8
3. Irondale	8:16.0
4. Anoka	8:17.8
5. Ramsey	8:18.0

Sprint Medley Relay (3:36.8)

1. White Bear Lake	*3:36.0
2. Anoka	3:39.0
3. South St Paul	3:39.5
4. Ramsey	3:40.5
5. Columbia Heights	3:40.6

Pole Vault (12'10 $\frac{1}{8}$ ")

1. Dick Modersohn, Sibley	12'6"
2. George Truffel, Mounds View	12'6"
3. Dick Hagen, North St Paul	12'6"
4. Mark Pletscher, Mounds View	12'6"
5. Jeff Ryan, White Bear	12'0"

Shot Put (57'10 $\frac{1}{8}$ ")

1. Don House, Col Heights	54' 4 $\frac{3}{4}$ "
2. Dan Fritsche, North St Paul	53'11 $\frac{3}{4}$ "
3. Scott Larson, White Bear	51'10"
4. Paul Okerstrom, Mounds View	51'8 $\frac{1}{8}$ "
5. Dan Phaisted, Stillwater	51'1 $\frac{1}{4}$ "

Discus (181'10")

1. Mark Severson, North St Paul	164'2 $\frac{1}{2}$ "
2. Bruce Bakke, Irondale	157'4 $\frac{1}{2}$ "
3. Bill Cardinal, Ramsey	155'10"
4. Paul Okerstrom, Mounds View	152'0"
5. Don Johnson, Anoka	151'3"

TEAM SCORES: White Bear 90 Ramsey 60 MoundsView 44 Sibley 40
S StPaul 39 Anoka 34 Irondale 28 North St Paul 19